

# **MSK Lower Extremity Content Outline**

The POCUS Clinical Certifications are comprised of two assessments: a Clinical Case Based Assessment and a Peer Evaluation. Specialty Certifications include the two assessments plus Clinical Video Submissions.

# **Clinical Case Assessment**

The clinical Case-Based assessments are designed to simulate a clinical encounter. They are scenario based exams with question types ranging from multiple choice to hotspots. The questions are designed to assess the following:

7%	Standard POCUS Views	<ul> <li>Familiarity with normal exploration paths</li> <li>Recognition of when patient condition or presentation requires deviations from the normal exploration paths</li> <li>Identification of regions or basic POCUS views described in consensus documents or protocols</li> </ul>
22%	Anatomical Features	<ul> <li>Ability to recognize and identify various anatomical features in M-mode and 2D/B-mode images, color Doppler, spectral Doppler</li> </ul>
30%	Sonographic Findings	<ul> <li>Knowledge of common sonographic artifacts or measurements</li> <li>Ability to identify artifacts that may aid in diagnosis</li> <li>Recognition of sonographic patterns and their implications for diagnosis</li> </ul>
37%	Diagnostic Findings	<ul> <li>The ability to determine and confirm an initial diagnosis using integrated POCUS media and clinical information</li> <li>Understanding and recognition when it is not possible to obtain an initial diagnosis through POCUS</li> </ul>
4%	MSK Lower Extremity Pathologies	<ul> <li>Knowledge of common pathologies and conditions identified through MSK Lower Extremity POCUS (including but not limited to: Abscess, Atrophy, Baker's cyst, Bone spur, Bursopathy, Cellulitis, Cyst, Fasciitis, Fracture, Hematoma, Ligament tear, Meniscus tear, Muscle tear, Neovascularity/Inflammation</li> <li>Nerve lesion, Neuroma, Plantar fasciitis, Seroma, Tendinopathy, Tendon tear)</li> <li>Must comprehend that it is sometimes not possible to get a diagnosis and recognize when this is the case</li> <li>Must know how to determine or confirm a diagnosis using created images</li> <li>Ability to comprehensively consider all case information (images, patient presentation, labs, etc.) to determine an initial diagnosis</li> </ul>

## **Peer Evaluation**

The Peer Evaluation is designed to assess your practical abilities in Point-of-Care Ultrasound (POCUS). Clinicians of your choosing will be sent an anonymous questionnaire to evaluate your POCUS abilities. Assessment results are based on the first two evaluations received. Peer Evaluators will evaluate on the following criteria which will be evenly weighted:



## **Diagnostic Quality**

Ability to obtain images of diagnostic quality



# Gain

Demonstrate proficient use of gain settings



## Depth

Demonstrate appropriate use of depth setting and center the area of interest on the screen



#### **Views**

Demonstrate proper transducer placement



## Measurement

Ability to use appropriate measurement techniques



## Compression

Apply appropriate compression to identify pathology



#### **Pathology**

Acquired and interpreted images related to most common MSK Lower Extremity pathologies for which POCUS is appropriate



## **Color Doppler**

Demonstrate an appropriate understanding of Color Doppler



Demonstate an appropriate understanding of Power Doppler

## **Clinical Video Submission**

The Clinical Video Submission is designed to assess your ability to acquire POCUS scans. When enrolled in a Specialty Certification that includes this content area, you will be required to upload HIPAA compliant MSK Lower Extremity media. The submitted videos (one normal and one with correctly identified pathology) will be evaluated by clinical reviewers based on POCUS protocols and criteria listed below:





















